

Company Name: _____
 Contact Person: _____
 Address: _____ Postal Code: _____
 Ph: _____ Date: _____
 Fx: _____ Time: _____
 Email: _____
 Project: _____

24 Hours notice on your orders is appreciated Delivery charges for orders outside the downtown core \$16
 Minimum orders apply We accept cash, Visa, Mastercard, Amex Payment Due in 15 days
 All accessories (utensils, napkins & plates) are biodegradable

The Morning Meeting

Good Morning Tray

Assorted pastries, danishes, muffins, tea scones, and more

\$4.75 _____

Morning Biscuits

Fresh Baked Biscuits with whipped cream & fruit

\$4.50 _____

Deluxe Breakfast Tray

Assorted pastries, cheese and a fresh fruit garnish

\$6.95 _____

Yogurt Parfait

Granola, yogurt, topped with fresh berries

\$4.25 _____

Breakfast Bagel

Egg, ham & cheese on a toasted bagel

\$5.95 _____

Western Scrambler

Scrambled eggs, ham & cheese on a toasted english muffin

\$5.95 _____

Fresh Bagel Tray

With flavoured Cream Cheeses

\$4.95 _____

Sandwich Platters

Assorted Sandwich Tray

Veggie, turkey, ham, roast beef, chicken, pastrami, egg, tuna, chicken and salmon on fresh bread

\$5.95 _____

The French Baguette Sandwich Tray

\$7.25 _____

Tortilla Wraps

An assortment of filling (same as above) wrapped in a variety of flour tortillas

\$6.95 _____

Gourmet Sandwich Tray

A variety of fresh baked specialty breads, croissants, subs and buns with an assortment of filling (same as above)

\$6.95 _____

The Focaccia Tray

Fresh baked focaccia bread with the same great assortment of fillings

\$8.25 _____

Cocktail Sandwiches

An open faced sandwich on french bread with sliced meat or veggie toppings

\$6.95 _____

Hot Lunches (bun, garden caesar salad, and cookie)

of Servings

Homemade Chili

Classic or veggie

\$12.95 _____

Chicken Fajitas

Served with salsa & sour cream

\$12.95 _____

Beef or Veggie Enchiladas

Served with salsa & sour cream

\$12.95 _____

Hearty Stew

\$12.95 _____

Soups

Homemade fresh ingredients

\$11.95 _____

Salads

of Servings

Garden Salad

Romaine lettuce hearts, tomatoes & cucumbers, ranch or Italian dressing

\$5.25 _____

Caesar Salad

Romaine lettuce with fresh cheese and homemade croutons

\$5.25 _____

Greek Salad

Fresh tomatoes, cucumber, feta cheese, red onion & black olives

\$5.95 _____

Spinach Salad

Boiled egg, mushrooms, ham, red onion, & special spinach dressing

\$5.95 _____

Potato Salad Nicoise

Potato, green beans, spinach, cherry tomatoes, olives, red pepper & hard boiled egg with our own special dressing

\$7.25 _____

Side Platters & Sides

of Servings

Fresh Vegetables & Dip

\$3.75 _____

Cheese & Fresh Fruit Platter

\$5.95 _____

Cheese, Vegetables & Dip Platter

\$5.95 _____

Fresh Fruit	\$3.95	_____
Whole Fruit	\$1.95	_____
Yogurt Dip 250ml	\$2.25	_____
Yogurt Dip 500ml	\$4.50	_____
Cheese & Specialty Cracker Plate		
Assorted market fresh cheeses with a garnish dried fruits	\$5.75	_____
Baked Mini Quiches	\$2.25	_____
Garlic Toast	\$2.25	_____
Crusty Buns	\$1.25	_____

Tasty Sweet Finishes

		# of Servings
Decadent Dessert Platter		
A delicious assortment of bite size pastries & squares	\$2.75	_____
Fresh Fruit and Dessert Platter (full size both)	\$6.75	_____
Mini Cupcakes		
(2 per person)	\$1.95	_____
Assorted Gourmet Cookies	\$1.50	_____

Thirst Quenchers

		# of Servings
Coffee or tea carafes		
(per carafe) upon request	\$27.00	_____
Soft drinks		
(ea)	\$1.50	_____
Juices		
(ea)	\$1.75	_____
Water		
(ea)	\$1.95	_____
Sparkling Water		
(ea)	\$3.00	_____

